Emerging Drug Trends Symposium

Fatal and Nonfatal Drug Overdose Trends in Pennsylvania

Ashley Bolton, MPH Director

Carrie Thomas Goetz, PhD Senior Epidemiologist

Pennsylvania Department of Health
Office of Drug Surveillance and Misuse Prevention

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Nonfatal Surveillance Data



Nonfatal Overdose Surveillance via Syndromic Surveillance

- EpiCenter, syndromic surveillance system hosted by Health Monitoring Systems (HMS)
 - Direct connections to 171/174 (98%) emergency departments in the state
- Data points collected include, but are not limited to:
 - Facility Identification and Location
 - Date and Time of the Visit
 - Patient Age, Gender, Race, Ethnicity, ZIP Code of Residence
 - Chief Complaint
 - Admit/Encounter Reason
 - Diagnosis Codes
 - Discharge Disposition
 - Medical Notes



Suspected Overdose-Related Classifiers

- Any Drug Overdose
 - Suspected overdose of any drug, including over-the-counter, prescription and illicit drugs, may include alcohol
- Any Opioid Overdose
 - Suspected overdose of any illicit or prescription opioids
- Heroin Overdose
 - Suspected overdose on heroin, may include fentanyl
- Fentanyl Overdose
 - Suspected overdose of any illicit or prescription fentanyl or fentanyl analogs
- Stimulant Overdose
 - Suspected overdose of any illicit or prescription stimulants
- Cocaine Overdose
 - Suspected overdose of cocaine
- Methamphetamine Overdose
 - Suspected overdose of any illicit or prescription methamphetamines/amphetamines
- Benzodiazepine Overdose
 - Suspected overdose of any illicit or prescription benzodiazepines

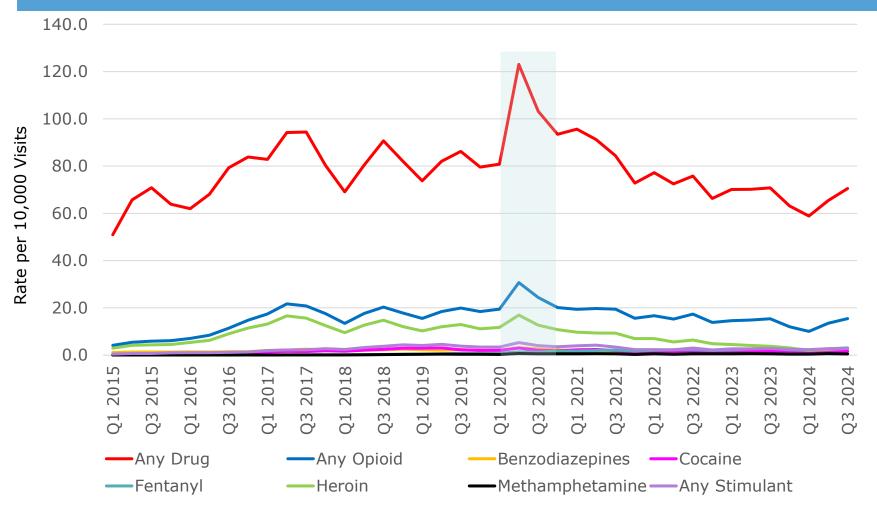


Limitations

- Inclusion/exclusion based on keywords/natural language processing and ICD-9/ICD-10 codes
 - Non-specific chief complaint
 - ICD code and medical note field submission optional
- Limited toxicology testing conducted in ED setting
 - Drug-specific visits likely underestimated
- No Incident Location information
- Only captures individuals who present to an emergency department
 - >50% of overdose deaths occur in the decedent's residence
 - In 2022, ~25% of overdose deaths occurred in an "Other" location
 - Past analyses showed about half of these were a friend or family member's residence
- Individual incidents not investigated by public health staff overdoses are not a reportable condition in Pennsylvania



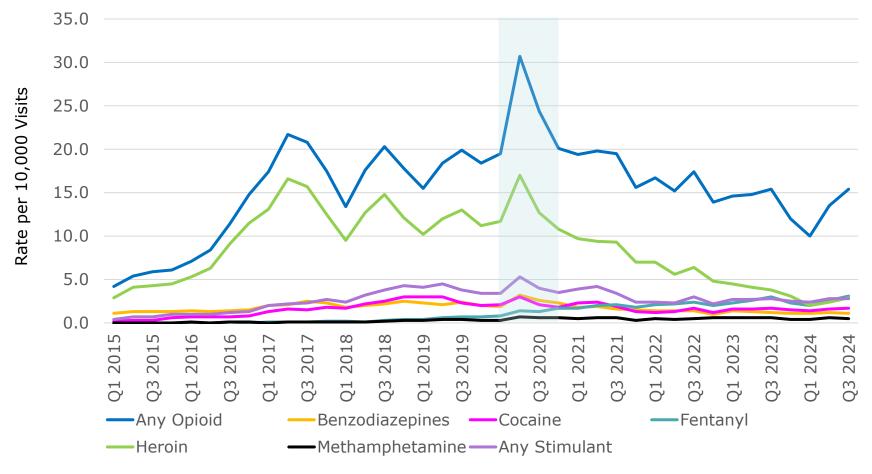
Rate of Suspected Drug Overdose-Related Emergency Department Visits per 10,000 Visits, by Quarter, 2015-2024



 Shaded area represents period of decreased All Cause emergency department visits during COVID-19 pandemic response. Rates per 10,000 Visits are difficult to interpret during this time.



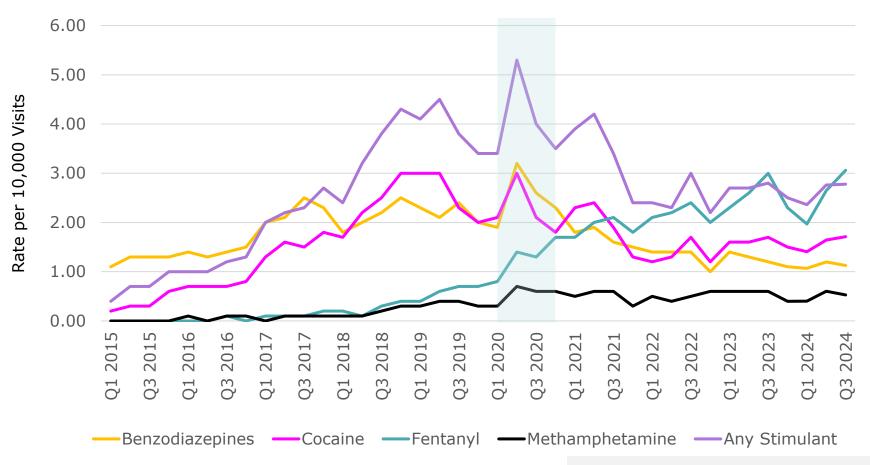
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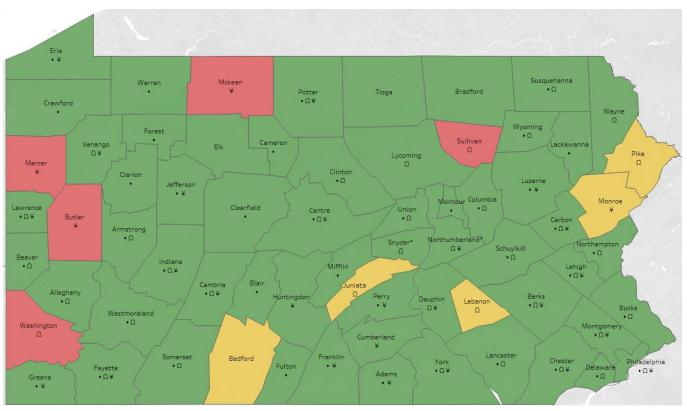


 Shaded area represents period of decreased All Cause emergency department visits during COVID-19 pandemic response. Rates per 10,000 Visits are difficult to interpret during this time. Drug-specific rates are likely underestimated due to non-specific chief complaints and lack of comprehensive toxicology testing in the ED setting.

Fatal Surveillance Data



Pennsylvania Drug-Related Overdose Death Coroner Onboarding Status as of October 2024



Overdose Death Reporting Status

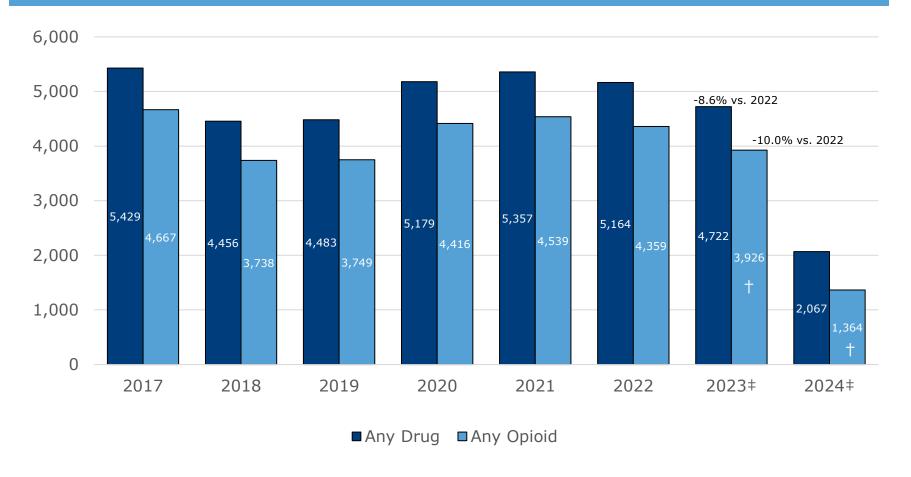
- On-Board (57)
- In Discussion (5)
- Declined (5)

Additional DOH Program Participation Status

- Participating with Violent Death (46)
- Ω Participating with Child Death Review (36)
- ¥ Participating with Maternal Mortality Review Committee (29)



Estimated Unintentional* Drug Overdose Deaths, 2017 - 2024‡



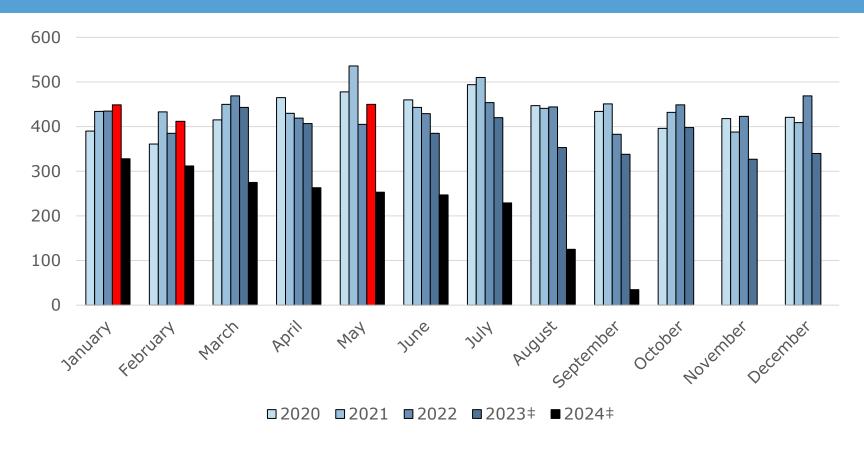
‡2023/2024 death data is preliminary, based on death record data as of October 2024. Please note that death records for overdose deaths are often delayed by 3-6 months and counts may change.

†As of October 2024, ~2% of 2023 and ~14% of 2024 overdose deaths are missing drug specificity. Previous years are missing <5%.



^{*} Unintentional overdoses include those where the manner of death is Accidental or Undetermined. Counts do not include suicides or homicides where someone intended to harm another person by poisoning.

Pennsylvania Estimated Any Drug[†] Overdose Deaths By Month, 2020-2024[‡]



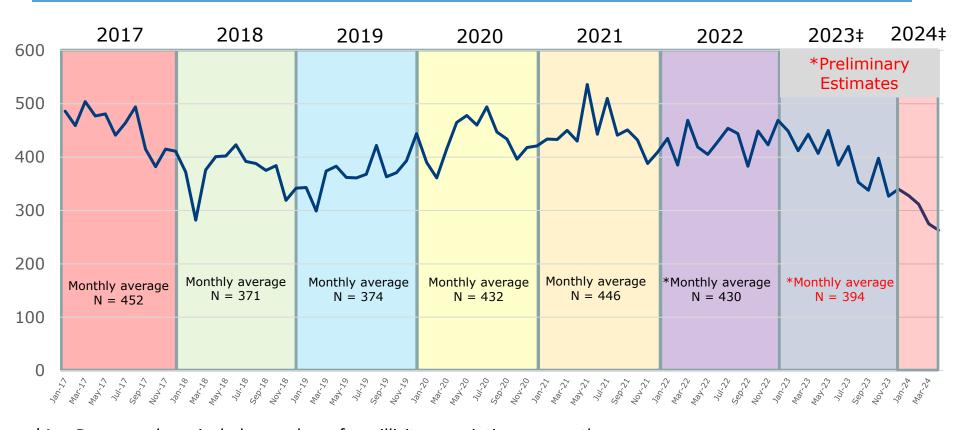
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Months highlighted in red indicate months where the count of overdose deaths are higher than the corresponding month of the previous year.



Pennsylvania Estimated Any Drug[†] Overdose Deaths By Month, 2017-2024[‡]



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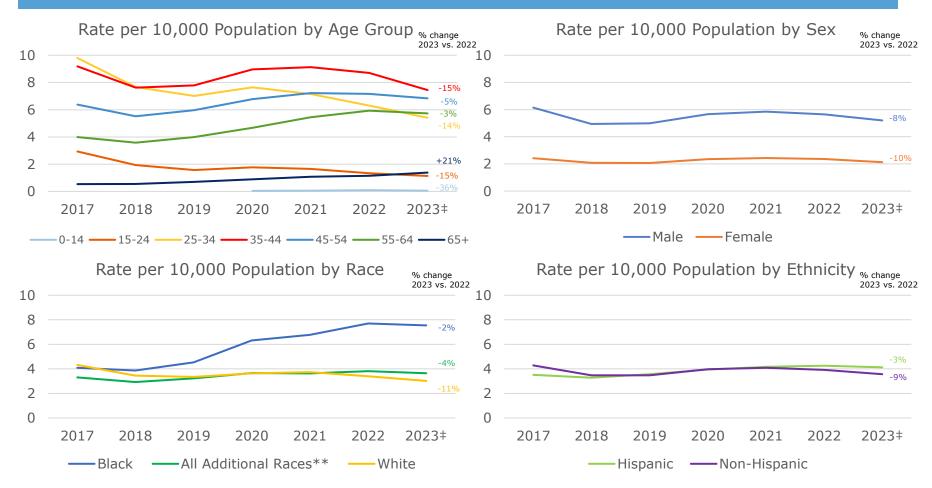
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Data by Demographics



Estimated Any Drug[†] Overdose Deaths by Demographics, 2017 – 2023[‡]



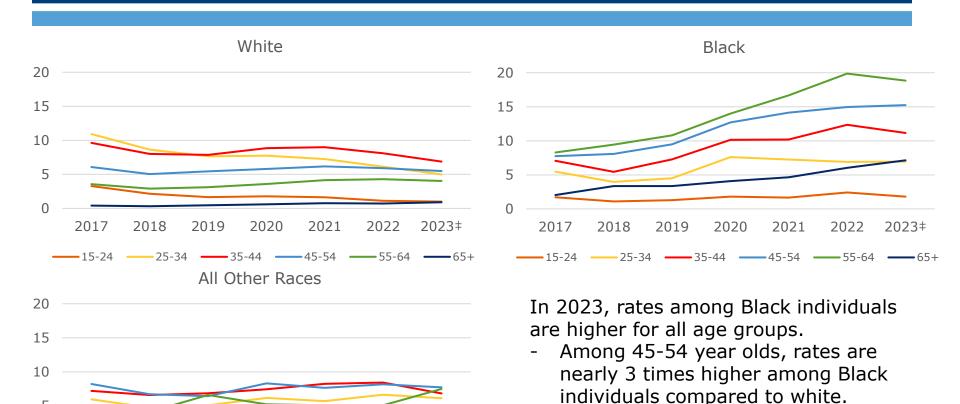
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^{**} Includes persons who identify as Asian, Native Hawaiian/Pacific Islander, American Indian/Alaska Native, or Other Race

Estimated Any Drug[†] Overdose Deaths by Race and Age, 2017 – 2023[‡]



nearly 5 times higher among Black 2017 2018 2020 2021 2022 2019 2023# individuals compared to white.

5

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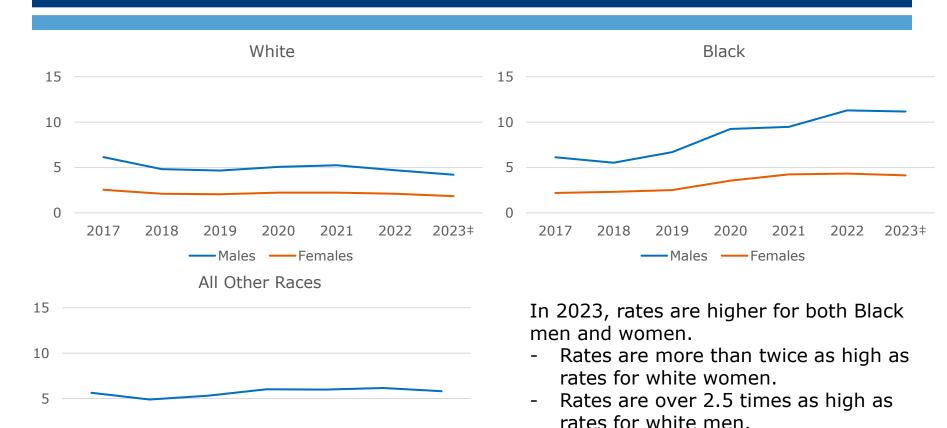


Among 55-64 year olds, rates are

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Estimated Any Drug[†] Overdose Deaths by Race and Sex, 2017 – 2023[‡]



2021

2017

2018

2019

2020

—Males —Females

2022

2023‡

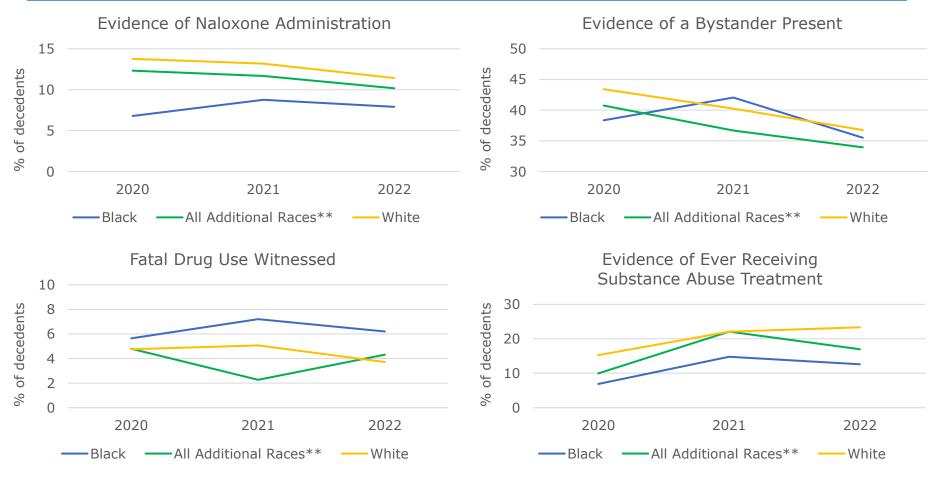
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Enhanced Data for Any Drug[†] Overdose Deaths by Demographics for Participating Counties[‡], 2017 – 2022



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‡Details on Participating Counties and metric definitions can be found in the Overdose Data Technical Notes.



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Emerging Drug Trends



Emerging Drugs Contributing to Death

Substance	2023‡	2024‡
Designer Benzodiazepines1*	149	94
Nitazenes ²	16	17
Carfentanil ³	1-5*	6
Tianeptine ⁴	1-5*	1-5*
Medetomidine ⁵	0	11
Xylazine ⁶	1162	494

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*Including flualprazolam, etizolam, clonazolam, flubromazolam, diclazepam, and bromazolam.

- 1. https://www.deadiversion.usdoj.gov/drug_chem_info/benzo.pdf
- 2. https://pmc.ncbi.nlm.nih.gov/articles/PMC10361140/
- 3. https://www.pbm.va.gov/AcademicDetailingService/Documents/Pain_Patient_FentanylCarfentanil_IB101137.pdf
- 4. https://www.deadiversion.usdoj.gov/drug_chem_info/tianeptine.pdf
- https://jamanetwork.com/journals/jama/fullarticle/2823005
- 6. https://nida.nih.gov/research-topics/xylazine



New program aiming to:

- Enhance non-fatal overdose surveillance
- Identify new and novel substances in drug supply
- Analyze comprehensive toxicology data on drugs contributing to overdose
- Inform data-driven response

In partnership with:

- PA DOH Office of Drug Surveillance and Misuse Prevention & Bureau of Labs (BOL)
- Health Systems
 - Penn State Health
 - UPMC
 - Temple University Hospital
 - 1 additional Health System



Overdose Biosurveillance

Emergency Departments collect biologic samples during patient assessment*

*Following current ED protocol

Leftover specimen sent to PA DOH BOL for toxicology testing

Test results compiled with Drug Overdose Surveillance Epidemiology (DOSE) data

> Enhanced data reports sent to ODSMP Epidemiology Team

> > Data informs prevention strategies and aggregate findings are reported to stakeholders



Additional Resources

- The following Health Alerts (HANs) were disseminated by
 - Pennsylvania Department of Health
 - Medetomidine
 - Emerging Substances
 - Disrupted Access to Prescription Stimulants
 - Severe Illness Potentially Associated with Diamond Shruumz Brand edibles
 - Philadelphia Department of Public Health
 - BTMPS
 - <u>Etomidate</u>
 - Center for Forensic Science Research and Education
 - Public Alerts
 - PA Groundhogs
 - Public Alerts
- The following manuscript was published online May 29 and in the August edition of the peer-reviewed journal Addiction on July 2: <u>Inequities in naloxone</u> <u>administration among fatal overdose decedents by race and ethnicity in</u> <u>Pennsylvania</u>, 2019–21 - <u>Takemoto</u> - <u>Addiction</u> - <u>Wiley Online Library</u>



Contact Information

For additional information on Drug Overdose Deaths, as well as Overdose-Related Emergency Department Visits, please visit the <u>Drug Overdose</u> <u>Surveillance Interactive Data Report</u>

Carrie Thomas Goetz, PhD
Senior Epidemiologist
Office of Drug Surveillance and
Misuse Prevention
cathomasgo@pa.gov

Ashley Bolton, MPH
Director
Office of Drug Surveillance and
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