### **Creating Safe Spaces For Women To Heal**

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## **POWER's Mission**

To help women reclaim their lives from addiction and related emotional health issues and to improve the well-being of future generations.





## **POWER HOUSE**

## **Continuum of Care**



- Women Centered & Individualized
- Trauma Informed
- Co-occurring Disorders



# **Keeping Women Safe**

**POWER's Recovery Philosophy** 

Trauma Informed Care
Harm Reduction Approach
Many Pathways to Recovery



# **Keeping Women Safe**

#### Four dimensions that support a life in recovery:

- \* Health
- Home
- Purpose
- Community





#### POWER Line 412-243-8755