



KEYSTONE
HUMAN SERVICES

KHS.ORG

USING ENABLING TECHNOLOGY IN LIFE SHARING TO INCREASE INDEPENDENCE

October 23, 2023

- **Keystone began incorporating enabling technology into our services in 2018**
- **2020 pandemic brought forward new challenges**
- **2023 one of our tactical Plan goals is to increase technology across all service lines**

KEYSTONE SUCCESS!!!



PERSON CENTERED PLANNING AND ENABLING TECHNOLOGY



- Creating Healthy Habits
- Getting a Job
- Living Independently
- Making Healthcare Decisions

LIFE SHARING AND SIMPLY HOME- KEYSTONE EXAMPLES

Challenging
Behaviors

Aging In Place

Increased
Independence



CHALLENGING BEHAVIORS

- History of challenging behaviors that led to expensive repairs in the provider's home.
- SimplyHome system that included a water level sensor installed in the toilet.
- Allows provider to assess the situation and respond before any damage can occur.



AGING IN PLACE

- Decline that presented safety concerns.
- SimplyHome sensors installed in bed and favorite chair to notify provider when she is up and moving around.
- This has given the provider piece of mind, allowed the woman to be safe, and stay in her home.



INDEPENDENT LIVING

- Lost ability to call 911 and was faced with losing her alone time.
- SimplyHome helped us with solutions that were person-centered.
- She is now able to utilize her alone time and has gained back her independence.

RESOURCES

- **SimplyHome www.simply-home.com**
- **Echo Dot/Alexa www.Amazon.com**
- **TechOWL (Technology for Our Whole Lives) www.TechOWLpa.org**